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TEXAS A&M
AGRILIFE
EXTENSION

Diabetes During Covid-19



Register here

<https://lamb.agrilife.org/family-consumer-sciences/>

- April 28th - Carb Counting Basics/Healthy Eating Ideas
- May 5th- Carb Counting Your Own Recipes and Eating Out
- May 12th- Physical Activity

Extension programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.